

We receive the Lord in our hands this day,  
then we become the hands of the Lord.

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then we become the hands of the Lord.

1. Jesus comes to us today  
and fills us with his love.

Jesus will come again and again  
to fill us with his love.

2. Reaching out with love and care,  
we become the hands of the Lord.

Reaching out again and again,  
we become the hands of the Lord.

3. For the Bread of Life we share,  
for the Blessing Cup,  
for our fam'lies and our friends,  
we give thanks, O Lord!